

## **The significance of Music in the Age of the Watercarrier.**

Throughout the ages humanity has always been surrounded by music. Apart from the enjoyment and the imminent artistic experience, we have got music composed especially for the purpose of making us feel united with the forces of nature. In this we experience a communication with the hidden forces. When we allow music, designed for this particular purpose, to fill our bodies, we may experience an exquisite spiritual essence in our inner universe. Everything turns present and alive, and the doors to the spiritual realms slowly starts opening. This kind of music may help us along on the way to a higher reality.

The universe is suffused with waves and vibrations with different levels of velocity. All natural forces, such as sound, light, heat are created by vibrations. Vibrations are continuous, periodic impulses in the particles of a substance, producing a propagation of waves. Music is built up of vibrations which may be perceived by the energy waves in our bodies. This enables music to influence life as such right down to the cellular level, and, - in this, - influence the atoms.

Atoms are vibrating energies in resonance with their surroundings, sending out a prime tone. Several atoms together create chords, called molecules. When these unite, they form different objects. Everything, from the smallest cell to stellar nebulae are created and kept going by vibrations. The lowest vibrations are denser matters, and of a character we may experience with our senses. The higher the vibrations, the more subtle the matter. The highest vibrations are way beyond our physical perception, but by being open to a spiritual dimension and the spiritual understanding, we may be able to perceive them.

Modern science confirms that the smallest component in everything in existence is a tiny vibrating string of energy. The world is built of pure energy, and because of this we are able to exchange energies with each other. For example, we may have the experience of feeling uplifted and of feeling happiness around persons and situations we love. If we are in the company of persons or in circumstances that eat our energy or creating negative energies inside us, we feel drained of vitality and positive energy.

By creating music, composed in obedience of the cosmic laws, it is possible to recreate the inner spirit of this music by means of harmony. Real music is spiritually inspired, and with a melodic element that will re-echo our inner harmonic element. These two together will create a rhythmic element, by means of which a kind of spiritual energy transfer will take place. Music influences the rhythm of our thoughts. The melodic element influences our feelings, and the harmonies influence the health of our bodies. This of course implies that the composer in question has got intuition, comprehensive musical knowledge, and finally a deep knowledge of the spirit of music as such.

When we listen to music especially designed to influence us, we listen with much more than our sense of hearing. This kind of music, composed for this particular purpose, helps us to descend further into our minds, and bring us in consonance with the harmony, found everywhere in the universe.

In our time we are experiencing the new impulses from the age of the Aquarius, vibrating at a much higher frequency than those we know from the age of the Pisces. These impulses bring about a transpersonal way of conceiving life, and thus connect us with the spiritual universe we experience through oneness with nature, through music, through art, and through a spiritual inner life. In this way we will obtain a new knowledge and a greater understanding of ourselves, our strength, and higher mental and spiritual power.

Through the ages we have experienced, how great, talented musicians and composers have contributed unique works of music to humanity with inspiration from spiritual beings. Overwhelmed and amazed we experience these works which may bring us in harmony with the ecstatic consonance of our inner feelings. In the same way musicians and composers will be inspired by spiritual beings to create a kind of music, which can help humanity raise its spiritual awareness to a level, where a consonance with the spiritual energies of the new age can be reached, and through these receive creative inspiration.

Digital music is forward-looking and contains countless possibilities. By employing digital music software it is possible to make realistic simulations of compositions,

and with multi-functional sound programmes a composer is able to produce a realistic sound picture of a symphony. With these tools it is possible to create specially designed music, containing soundscapes that can't be created with ordinary instruments. In this way sounds can be created, -sounds known from our inner harmonic element, from meditation and from the music of the spheres. This kind of music may be created pointing forward, and be of help in understanding the new vibrations from the age of the Aquarius, - vibrations made recognizable by means of music designed especially for this purpose. This kind of music provides us with outstanding possibilities of expanding our consciousness, and helps us to transform and express those higher levels of consciousness on the physical level.

Examples of this kind of music can be found on the cd's of meditation music, composed and produced by METATONE in Aalborg. Metatone are very experienced in the field of music and

meditation, and they compose with a special kind of flow that makes one's mind fuse with the vibrations of the music. This leads to a unison with the body's own rhythm. The structure of the music is simple, and is made from nature's own cosmic harmonies, and constructed according to nature's own laws. Musically it is built up on the Golden Mean.

The meditation music from METATONE are examples of this kind of music.

These very special sounds help us sense more subtle values, and give us the possibility of feeling a oneness with the forces of nature, and in this experience a connection with its hidden forces. In this way we may get to know ourselves, find our niche in life, and realize that we are on a pilgrimage through a spiral shaped evolution in time and space. This will bring us in consonance with the vibrations from the age of the Aquarius. These vibrations will cause an unusual sensitivity and mental awareness, and will bring about a deeper spiritual insight. This will be the cause of great spiritual changes, and make it possible to receive inspiration from the new age.

As the music is composed in accordance with the universal laws, it is well-suited to restore or keep the equilibrium in the psychic centres, for deep relaxation, for creative problem solving, as back-ground music, and as a supplement to different treatments. This will enable us to receive the important magical, vital force that discourages fear, apathy, depressions and stress, and instead gives us a deeply felt

sense of well-being, sensitivity and strength.

In order to avoid using discordant music that is likely to break down one's sense of harmony, and make a lot of tension in mind and body, it is very important to obtain knowledge of the effects of different kinds of music, and so be very careful in choosing the kind of music we want to surround ourselves with. We are able to feel, if the music we are listening to, is uplifting and balancing, and so recharges our minds and lifts our souls. Music of this kind has got spiritual values. It heals us, it creates a feeling of undiscrivable happiness, and gives us the ability to feel those higher spiritual values. If we listen to the right kind of music, this may help to create or keep the equilibrium of our lives, and develop the ability to enjoy all things good and beautiful. Using the right kind of music to a great extent will enrich the flow of our lives.